XIX. Up merry mates,
CANTUS.

O happy dayes, who may, who may containe, but swell with proud disdain,
O dismal houres, who can, who can forbear, but sinke with sad disdain,
when seas are smooth, sailes full and all things please? The golden paire. When seas are rough, sailes rent, and each thing lowres.
meane that constant spirit beares, in such extremes that nor presume nor feares.

4 This rest and the following two are editorial
7 Facsimile has a quarter note
XIX. Up merry mates,
ALTUS.

21 Chorus
O hap- py, hap- py dayes, who
O dis- mall, dis- mall houres, who

33 can, who can con- taine, but swell with proud dis- daine, when seas, when seas are
can, who can for- bear, but sinke with sad des- paire. When seas, when seas are

39 smooth, sailes full, and all things please? The gol- den meane that
rough, sailes rent, and each thing lowres.

45 con- stant spi- rit beares, in such ex- tremes that nor pre- sumes nor feares.

3This rest and the following one are editorial
XIX. Up merry mates,
TENOR.

Up merry mates, to Nep-tunes prayse,
Your voy-ces high ad-
Stay merry mates, proud Nep-tune lowres,
Your voy-ces all de-

vance: The wat-rie Nymphs shall dance, and E-

plore you, The Nymphes stand weep-ing o're you: And E-

o-lus shall whis-tle to your layes,
Stere-man, how stands the o-lus and I-
ris band-y showres.
Boates-man hale in the winde?

what course?
no worse, and blow so faire, Then Boate.
Tis haile

Strike Saile, Make quicke dis-pat-
chens,
sincke, sincke, sincke, sincke des-payre,
Come so-lace to the minde ere night we Shut close the hat-
chens. Hold sterne, cast An-cour out, This night we

shall, we shall the ha-

den finde. O hap-
py, happy dayes, who may con-

shall, we shall at ran-
dome floate. O dis-mall, dis-
mall houres, who can for-
taine, but swell with proud dis-
daine, when seas are smooth, sailes, sailes full, and beare, but sinke with sad des-
paire. When seas are rough, sailes, sailes rent, and
Conclusion

all things, all things please? The golden meane that constant spirit
each thing, each thing lowres.

beares, in such extremes that nor presumes nor feares.

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5 This is a whole note in the original.
XIX. Up merry mates,

TENOR.

John Dowland

Up merry mates, to Nep-tunes prayse, Your voy-ces high ad-
vance: The

Stay mer-ry mates, proud Nep- tune lowres, Your voy-ces all de-
plore you, The

wat-rie Nymphs shall dance, and E-
o-lus shall whis-
tle to your

Nymphes stand weep-
ing o're you: And E-
o-lus and I-
ris ban-dy

layes, Stere-
man, how stands the winde?

what

showres. Boates-
man hale in the Boate.

Tis

course? no worse, and blow so faire, Then

haile Strike Saile, Make quicke dis-
pat-ches,
sinke, sinke, sinke, sinke des-payre, Come solace to the minde ere night we
Shut close the hatsches, Hold sterne, cast An-cour out, This night we

shall, we shall the haven finde. O happy, happy
shall, we shall at randome floate. O dis-mall, dis-mall
dayes, who may containe, but swell with proud dis-
houres, who can for-beare, but sinke with sad des-
daine, when seas are smooth, sailes, sailes full, and all things, all things please?
paire. When seas are rough, sailes, sailes rent, and each thing, each thing lowres.

(Turn page for conclusion.)

8Facsimile has an F instead of the G for the second note from the bottom.
9Facsimile has an E instead of the D.
6original has a dotted stem
Up merry mates, (conclusion)

TENOR.

The golden mean that constant spirit beares,

in such extremes that nor presumes nor fears.

5 This is a whole note in the original.
XIX. Up merry mates, 
BASSUS.

John Dowland

13

Full North, North-east, Full South South-west.
Harke, harke the rat-lings, make fast the tack-lings.

22

(2)

Chorus

O happy dayes, happy
O dis-mall hours, dis-mall
dayes who can containe, but swell
with proud dis-daine, when seas are smooth,
houres who can for-beare, but sinke
with sad des-paire. When seas are rough,

33

Conclusion

sailes, sailes full, and all things, all things please?
The gol-den meane that
sailes, sailes rent, and each thing, each thing lowres.

45

con-stant spi-rit beares, in such ex-treams that nor pre-
sumes nor feares.

1 Original has a breve rest, followed by a half rest.
2 Original has a breve rest, and does not have the following whole rest.